

Program of the Month - Mother Goose - New Locations



Mother Goose Program—a fun and interactive experience for caregivers and children! This program focuses on rhymes, songs, and stories that help strengthen family bonds and support early language development. **Registration is Required**

- **Location Update:** Wednesdays: Sandy Hill Elementary;
Thursdays: ASIA North Poplar Elementary
- **Age group:** 0 to 18 months

For more details, contact: earlylearning@abbyschools.ca | 778-880-8554

More info: <https://earlyyears.abbyschools.ca/>

Announcement of the Month

Early Years Facilitator of the Month

Ekta Thind - StrongStart Blue Jay Elementary

Just B4 Pre-School Registration - scan QR Code



With over 10 years of experience in early childhood education, I am passionate about supporting young children's growth and milestones with care and patience. I value strong partnerships with families and creating inclusive, nurturing environments where every child feels supported. In 2022, I was honoured as a Difference Maker in the superintendent's newsletter, reflecting my commitment to helping each child grow with confidence and curiosity.

Event of the month Craft and Storytime at Open Space



Partner of the Month

Fraser Valley Child Development Centre (FVCDC)

32885 Ventura Avenue, Abbotsford, 877-850-2686

FVCDC supports children and families every step of the way. FVCDC offers welcoming, inclusive programs and services that help children grow, learn, and reach their full potential. By working closely with families and the community, FVCDC creates a caring environment where every child is valued and supported.

For more information: <https://www.fvcdc.org/>

Parenting Tip of the Month

Games and activities for children 0 to 2 years:

- Cruising Circuit - Use low, stable furniture such as chairs, couches, foam blocks, or other sturdy objects for support. Arrange them so the child can move safely from one to another. Place toys on top to encourage movement. Help the child practice standing and moving sideways along furniture, around corners, and between two pieces of furniture.
- Discovery baskets - Create a themed basket with 5–20 safe, everyday items for your child to explore and play with. As your child fills and empties the basket, they can discover different shapes, textures, sounds, colours, and sizes through hands-on play.
- Find and Discover - Hide small items (like foam shapes or pompoms) inside containers such as paper bags or plastic eggs. Place them around the space and encourage your child to move, reach, and open the containers to discover what's inside. This fun activity supports movement, coordination, and balance.

<https://appetitetoplay.com/physical-activity/active-games/early-years-providers-games-and-activities>

Craft - Nature Bookmark



sugarmaplefarmhouse.com/diy-pressed-flower-bookmarks/

Supplies:

Dried flowers, leaves, grass, stems, cardstock (2.5x7 inch), paper, glue, clear tape, ribbon

How to:

- Cut the cardstock to size, rip the paper a bit smaller from the cardstock, and glue them together
- Arrange the flowers and glue them on top of the bookmark.
- When it dries, seal it with clear tape.
- Cut a hole with a hole puncher and tie a ribbon

Télexw (to find something out, to learn) with the Sweeney Centre

Video link to A torch lighting story by
Ts'ats'elexwot (Elizabeth Herring).



Seasons of the Moon

Peló:qes January 23 - February 20 Torch Season

This is a time when torches, **peló:qel**, are made out of dried sockeye salmon heads and used at night when spearing fish from canoes (torch lighting). The fish can be seen by the light reflecting from their scales when the water is real clear, as it is in the end of January. Today pitch torches or lanterns are used.

More Info: <https://indigenous.abbyschools.ca/node/54612>

Abbotsford Early Years Centre at The Sweeney Neighbourhood Centre

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